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# Mental Health services in the Return to Work Scheme

## ReturnToWorkSA introduces NEW mental health fee schedules

Medical and allied health services are critical to the success of the Return to Work Scheme (the Scheme) by ensuring workers have access to appropriate treatment services to support their recovery and/or return to work. In the Return to Work Scheme (the Scheme), Psychologists provide treatment for the vast majority of workers with a psychological injury despite several allied health provider groups having specialist mental health training. We support workers having access to a wide variety of services according to their individual circumstances. For that reason, we have created a mental health category of fees, inclusive of a new Counselling fee schedule and policy.

### Who is ReturnToWorkSA?

ReturnToWorkSA provides South Australian employers with insurance to protect their business and their workers in the event of a work-related injury. We support people who have been injured by providing financial support which covers wages, access to reasonable medical treatment and a range of return to work services to help them recover and return to work. We also administer the Scheme by collecting insurance premiums from employers and ensuring all Scheme participants are aware of their obligations under The Return to Work Act 2014 (the Act).

### Why create a Counselling Fee Schedule?

ReturnToWorkSA want to raise awareness of the range of mental health services supported by the Scheme. Sometimes there can be confusion around what can and cannot be paid for or the misconception that without a fee schedule, a particular service cannot be accessed. A fee schedule provides clear instruction on what type of services can be paid for as well as the amount prescribed.

### Who can provide services under the Counselling fee schedule?

Counsellors who:

1. Are a full clinical member of the Psychotherapy and Counselling Federation of Australia (PACFA); or
2. Are a level 3 or 4 member of the Australian Counselling Association; AND
3. Have completed ReturnToWorkSA's online module for mental health practitioners, [ReturnToWorkPsych](#)

### How do I register to provide services?

Please complete and submit the [service provider registration form](#) to [ReturnToWorkSA](#), providing a copy of:

1. Membership with the applicable professional association and/or evidence of credential; AND

2. [ReturnToWorkPsych](#) certificate of completion

### What if I am already registered to provide services with ReturnToWorkSA?

Please help us verify your eligibility to provide services by [emailing us](#) a copy of your:

1. Mental health credential/endorsement (delete not applicable)
2. Professional association membership
3. [ReturnToWorkPsych](#) certificate of completion

To assist, please [send this to us](#) with your documents:

*“Dear ReturnToWorkSA, I’m an <provider type> already registered to provide services in the Scheme. I’d like to provide services under the new <fee schedule name>. Please find attached a copy of my mental health endorsement/credential (delete not applicable), professional association membership, and ReturnToWorkPsych certificate of completion. Could you please update your system to allow me to invoice using the new fee schedule? Thank you”*

### What if I am already providing services but do not meet the fee schedule criteria?

The new Counselling fee schedule establishes the maximum amount payable for counselling services. If you do not meet the criteria to provide services under the new fee schedule, you may continue providing services but you will need to ensure your rate is less than the amount prescribed by the fee schedule as agreed with the claims manager.

### How will I get referrals?

We would encourage you to reach out to local medical practices and other allied health providers to let them know of your availability and willingness to work in the Scheme.

### Where can I get more information?

More information can be obtained by visiting ReturnToWorkSA’s website [www.rtwsa.com](http://www.rtwsa.com) or by contacting Scheme Support on 8238 5757.