

ReSkilling

Helping you to maintain or develop skills to improve your employability during recovery



About ReSkilling

The program is made up of a range of key services:

Skill maintenance

Research shows that an appropriate level of work during a person's recovery can improve recovery and return to work. Skill maintenance services are available to support you during your recovery to safely maintain your existing skills and work habits.

An example of activities you could participate in under skill maintenance are:

- refining and keeping your existing skills up to date
- learning new skills and gaining new experience
- maintaining an active lifestyle
- working alongside other professionals in your industry.

Skill assessment

In the event you cannot go back to your employer and do your existing job you may need your existing skills and experience recognised in a formal way. This may help to improve your employability or help you to consider options for a different career.

An example of activities under skill assessment are:

- recognition of your existing skills
- utilizing the knowledge of industry professionals to map your existing skills to suitable job roles and industries.

Outplacement

Outplacement services provided by our suppliers offer personalised support in the event you need to consider a new job role. Outplacement suppliers can help to match your transferable skills to suitable employment opportunities.

An example of outplacement services include:

- job search assistance provided from people with industry links and knowledge
- access to the hidden job market by working with people who have access to unadvertised vacancies
- working with people who have industry and labour market knowledge.

Following a work injury it is not always possible for you to resume your pre-injury position or return to the same workplace.

Our ReSkilling services can support you to maintain your existing skills or develop new skills to improve your employability during your recovery.



Further information

Returning to work can be the best thing for your recovery, health and wellbeing. Your Mobile Case Manager will discuss with you your suitability for referral to the ReSkilling program.

If you have questions about our ReSkilling services please contact your claims agent or Mobile Case Manager in the first instance, or call **13 18 55**.

ReturnToWorkSA

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Phone **13 18 55**

8:30am–5:00pm Monday to Friday