Early Medical Assessment



Fruit and Vegetable Retailer

Replenishment

1. Fruit and Vegetable Retailing
2. Replenishment

Dear Doctor: This form will take up to 5 minutes to complete. Please review each task the worker undertakes (both picture and written description) and tick whether or not the worker can complete this task. If modification required, please leave comments. Space at the end of this document is available for final comments and recommendations.

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| --- | --- | --- |
| IMG_4770.JPG | **Replenishing Shelves*** Performed as required < 2 hrs per day
* Removing fruit (up to 20 kg) from pallet to trolley
* Pushing trolley on concrete floor
* Placing stock on shelving
* Stacking fruit from back to front
 | Doctor Approval[ ]  Yes [ ]  NoComments:  |
| IMG_4743.JPG | **Removing Pumpkins from Crate to** **Trolley*** Bending is required to access bottom rows within crate.
* Pumpkins are lifted individually from crate to trolley
* Trolley height may vary.
 | Doctor Approval[ ]  Yes [ ]  NoComments:  |
| IMG_4740.JPG | **Removing Onions, Potatoes, Apples from Crate to Trolley*** Bags weigh 20kg
* Bending is required to access bottom rows within crate.
* Trolley height may vary.
 | Doctor Approval[ ]  Yes [ ]  NoComments:  |
| IMG_4749.JPG | **Bagging Onions*** One worker tips 20kg bag of onions onto trolley
* Onions are lifted separately onto scales to make up 1.5 kg bags.
* Once weighed onions are manually sent down chute into string bags which are twisted and sealed using foot pedal to activate machine
* Repetitive grasping, forward reaching and constant standing.
 | Doctor Approval[ ]  Yes [ ]  NoComments:  |
| IMG_4754.JPG | **Cutting Vegetables to Smaller Sizes for Sale*** Watermelon, cabbage, cauliflower, celery, pineapples relatively easy to cut.
* Pumpkins require high amount of force to cut
* Cutting is performed standing at a bench. Bilateral hand and upper limb use required.
 | Doctor Approval[ ]  Yes [ ]  NoComments:  |
| IMG_4755.JPG | **Weighing and Wrapping Cut Vegetables*** Once cut, vegetables are moved from cutting area to wrapping area at bench height
* Bilateral hand and arm use required.
 | Doctor Approval[ ]  Yes [ ]  NoComments:  |
| IMG_4762.JPG | **Storage in Cool Room*** Majority of stock is stored between lifting range knees to shoulders
* At times, items must be stored on higher shelf, requiring overhead reaching, dependant on room available
 | Doctor Approval[ ]  Yes [ ]  NoComments:  |
| IMG_4772.JPG | **Sales – Till*** Constant work flow undertaken standing at bench / till
* Customer places items on bench and worker scans and / weighs them and transfers them to a bag. Repetitive light lifting and grasping required.
* Occasionally worker assists elderly customers by lifting bags and transporting goods with trolley to customer’s vehicle
 | Doctor Approval[ ]  Yes [ ]  NoComments:  |
| IMG_4773.JPGIMG_4774.JPG | **Sales - POS*** Grasping of hand held scanner and use of Eftpos machine
* Low weight - some repetition involved
 | Doctor Approval[ ]  Yes [ ]  NoComments: |

1. Work Capacity Form

**Doctor Review (include final comments)**

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I confirm that in my view, subject to the above comments, the worker is able to perform certain duties detailed in this Early Medical Assessment.

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| These duties should be reassessed on: |  | Date: |

|  |  |  |
| --- | --- | --- |
| Signature : |  | Date: |

**Employers Declaration:**

I confirm that I/we have reviewed the Doctor’s recommendations and comments. I/we will make suitable changes to make allowances for the Doctorr’s recommendations.

|  |  |  |
| --- | --- | --- |
| Signature : |  | Date: |

**Employees Declaration**

My Doctor has discussed their recommendations with me. I have been given the opportunity to participate in this process.

|  |  |  |
| --- | --- | --- |
| Signature : |  | Date: |

For information on completing this form, please contact Business SA on 08 8300 0000.

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