Early Medical Assessment



Bread and Cake Retailing

Pie Making

1. Bread and Cake Retailing
2. Pie Making

Dear Doctor: This form will take up to 5 minutes to complete. Please review each task the worker undertakes (both picture and written description) and tick whether or not the worker can complete this task. If modification required, please leave comments. Space at the end of this document is available for final comments and recommendations.

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* Worker obtains roll of pastry (25kg approx) from racking between ankle and overhead height and places it on the machine.
* Two workers lift 30kg tub of meat filling and tip into hopper at approx shoulder height. Meat is scraped out with scraper using dominant hand and second hand to stabilize tub. Step stool raises worker to reduce reaching and awkward postures.
 | Doctor Approval[ ]  Yes [ ]  NoComments: |
| L:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2698.JPG | **Filling Pies*** Pastry is automatically indented and filled with meat.
* Two workers pipe in any extra flavours working at bench height. Constant standing with neck flexion
* Piping requires bilateral hand use. One hand squeezes filling out and the other directs the pipe to the individual pies. Some bending / lateral bending may be required depending on method. Constant forward reaching required.
 | Doctor Approval[ ]  Yes [ ]  NoComments: |
| L:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2688.JPGL:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2692.JPG | **Waste Pastry*** Standing and using a utensil to poke waste cut offs through into tubs on the ground underneath the line.
* Repetitive forward reaching and twisting.
 | Doctor Approval[ ]  Yes [ ]  NoComments: |
| L:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2684.JPG | **Cutting Pie Lids*** Each flavor of pie has a different number of cuts on pastry lid (up to 5).
* Holding 2 sets of scissors (one in each hand) and repetitively placing small cuts in pastry lids.
* Constant standing, repetitive forward reaching and fine motor skills for scissor use, some bending to reach pies furthest away.
 | Doctor Approval[ ]  Yes [ ]  NoComments: |
| L:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2772.JPG | **End of Pie Line*** Lifting tray of pies and sliding into racks (on wheels) between ankle and overhead height.
 | Doctor Approval[ ]  Yes [ ]  NoComments: |
| L:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2542.JPGL:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2545.JPG | **Baking Pies*** Pushing racks of pies into circulating ovens.
* Occasionally rotating trays during baking process. Bending and reaching to remove tray from one rack and place in another.
* When cooked, pulling rack out of oven and pushing to cooler.
 | Doctor Approval[ ]  Yes [ ]  NoComments: |
| L:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2767.JPGL:\RTW Fund Project\Stage Four SAWIC Codes 488601 & 488501 - 33 templates\Bread and Cake Retailing\Vilis\IMG_2771.JPG | **Tipping Pies*** Once cooled, trays are removed from rack and tipped onto a wire rack. Bilateral holding of wire rack onto tray and tipping over.
* Placing on bench and individually turning pies up the correct way (two hands used).
* Removing any damaged pies and placing in separate tray at back of bench requiring reaching out of close range and forward bending.
* Placing wire rack with pies back into trolley racks between ankle and overhead height .
* Constant standing, repetitive forward reaching, frequent bending, twisting to replace trays in trolley racks. Constant handling of produce.
 | Doctor Approval[ ]  Yes [ ]  NoComments: |

1. Work Capacity Form

**Doctor Review (include final comments)**

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I confirm that in my view, subject to the above comments, the worker is able to perform certain duties detailed in this Early Medical Assessment.

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| These duties should be reassessed on: |  | Date: |

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| Signature : |  | Date: |

**Employers Declaration:**

I confirm that I/we have reviewed the Doctor’s recommendations and comments. I/we will make suitable changes to make allowances for the Dr’s recommendations.

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| --- | --- | --- |
| Signature : |  | Date: |

**Employees Declaration**

My Doctor has discussed their recommendations with me. I have been given the opportunity to participate in this process.

|  |  |  |
| --- | --- | --- |
| Signature : |  | Date: |

For information on completing this form, please contact Business SA on 08 8300 0000.

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