

# Surgery Assist

Helping you to manage your recovery before and after surgery



# Access to support for up to 10 weeks before and after surgery.

## Helping you to manage your recovery.

Recovery from surgery can be complicated. It can be hard to keep track and remember all the information and instructions you are given and to know what is best for your recovery.

Surgery Assist provides support and education to help you navigate your recovery and rehabilitation for up to 10 weeks before and after your surgery. Delivered by qualified health professionals the support will be tailored to meet your needs.

### **This support may include:**

- flexibly delivered support to help set goals and develop an action plan
- education on managing your post-operative pain
- strategies to help track your medications and appointments
- assisting you to connect back with your treating GP and other health professionals
- ongoing support.

### **For more information:**

If you have any questions about Surgery Assist, talk to your claims manager.