

Financial Preparation Service



Money worries? We can help

- Are you worried about your finances?
- Do you feel you won't be able to afford your living costs?
- Do you want to take control of your finances?

Help is available through the Financial Preparation Service giving you free and confidential face-to-face or telephone-based financial support. Financial coaches will work with you to understand your circumstances and help you take control of your money.

This support may include:

- reviewing your finances
- providing information on where to get cost savings
- providing guidance on what future income options are available
- starting or reviewing a budget
- exploring changes to your expenses
- avoiding financial crises and overdue bills.

To access up to five free coaching sessions, call the Affordable SA Helpline **1800 025 539**.

This program is not suitable for those who:

- are looking to make investments with their money
- have overdue bills they cannot pay.

If you have an overdue bill that you are currently unable to pay, please contact the National Debt Hotline on **1800 007 007** for free financial counselling to help with your debts.