

## Confidentiality of service

EAP is a confidential service with no personal information being reported back to the workplace, including who is accessing the service.

## Need help?

If you require assistance or have any feedback please contact us.

### ReturnToWorkSA

[www.rtwsa.com](http://www.rtwsa.com)

[info@rtwsa.com](mailto:info@rtwsa.com)

Phone **13 18 55**

8:00am–6:00pm Monday to Friday

If you are deaf or have a hearing or speech impairment you can call ReturnToWorkSA through the National Relay Service (NRS).

TTY users can phone **13 36 77** and ask for **13 18 55**.

Speak & Listen (speech to speech) users can phone **1300 555 727** and ask for **13 18 55**.

Internet relay users connect to NRS on [www.relayservice.com](http://www.relayservice.com) and ask for **13 18 55**.

For languages other than English call the Interpreting and Translating Centre on **1800 280 203** and ask for an interpreter to call ReturnToWorkSA on **13 18 55**. For braille, audio or e-text call **13 18 55**.

# Support for you and your workers during silicosis health screening

Being tested for silicosis may make you and your workers worried or anxious about what this may mean for individuals and families.

Free and confidential individual counselling is available to you and your workers through one of our Employee Assistance Program providers.

Free onsite group education sessions can also be arranged for your workplace.

## Employee Assistance Programs (EAP) provide you, your workers and immediate family members with free and confidential counselling.

We understand that being tested for silicosis may present challenges for you, your workers and family members. EAP are free services offered by ReturnToWorkSA to help.

Accessing support is easy. Simply contact one of our providers, Access Programs or Corporate Health Group, using the contact details on the right.

In addition to the one on one counselling sessions, you can arrange free onsite group education sessions which can cover issues such as anxiety around screening, fear of diagnosis and supporting each other.

We encourage you to call these numbers to find out more about the services.

### How can I show support as an employer?

Some simple things you can do to show support to those affected are:

- Listen and be available
- Respect their privacy
- Promote EAP and encourage workers to access support

- Consider offering reasonable workplace adjustments where appropriate, e.g. more frequent breaks
- Regularly check in with your workers
- Promote a positive workplace where team mates support each other
- Consider workplace arrangements and whether EAP support can be accessed during work hours.

**Counselling support is available through our EAP providers**

#### **Corporate Health Group**

Call 08 8354 9800

Monday to Friday 8am to 5pm

[www.chg.net.au](http://www.chg.net.au)

or

#### **Access Programs**

Call 08 8215 6799 or 1300 66 77 00

Monday to Friday 9am to 5pm

[www.accesssa.com.au](http://www.accesssa.com.au)