# Osteopathy fee schedule and policy

## Fee schedule

<table>
<thead>
<tr>
<th>Item no.</th>
<th>Service description</th>
<th>Max fee (ex GST)</th>
</tr>
</thead>
<tbody>
<tr>
<td>OS200</td>
<td>Initial consultation</td>
<td>$122.00 flat fee</td>
</tr>
<tr>
<td></td>
<td>Initial consultation. History, assessment, planning, education and treatment in accordance with the Clinical Framework for the Delivery of Health Services.</td>
<td></td>
</tr>
<tr>
<td>OS220</td>
<td>Subsequent consultation</td>
<td>$90.10 flat fee</td>
</tr>
<tr>
<td></td>
<td>Subsequent consultation. Re-assessment, planning, education and treatment in accordance with the Clinical Framework for the Delivery of Health Services.</td>
<td></td>
</tr>
<tr>
<td>OSMP</td>
<td>Osteopathy management plan</td>
<td>$46.50 flat fee</td>
</tr>
<tr>
<td></td>
<td>Osteopathy management plan. An osteopathy management plan completed and submitted by the treating osteopath. For claims managed by ReturnToWorkSA or their claims agents, the osteopath is expected to submit a plan: - prior to the 11th treatment if more than 10 treatments are likely to be required, or - prior to the expiry of an existing osteopathy management plan if additional treatment is required, or - at the request of the case manager. For claims managed by self-insured employers, the plan must be requested by the self-insured employer.</td>
<td></td>
</tr>
<tr>
<td>OS780</td>
<td>Independent clinical assessment and report</td>
<td>$185.40 per hour</td>
</tr>
<tr>
<td></td>
<td>Independent clinical assessment and report. An assessment of a worker by an osteopath, other than the treating osteopath, and provision of a report for the purpose of providing a clinical opinion on current treatment, comment on the worker’s functional ability and make recommendations on future osteopathy management. This service must be requested in writing by the case manager, self-insured employer, worker or worker’s representative. Maximum 4 hours.</td>
<td></td>
</tr>
<tr>
<td>OS552</td>
<td>Telephone calls</td>
<td>$25.70 flat fee</td>
</tr>
<tr>
<td></td>
<td>Telephone calls relating to the management of the worker’s claim, or to progress their recovery and return to work, made to or received from, a case manager or self-insured employer, worker’s employer (including the employer’s return to work coordinator), worker’s representative, ReturnToWorkSA advisor, approved return to work service provider* or worker’s referring/treating medical practitioner. Any time spent on communication directly related to an independent clinical assessment and report is included within the total time invoiced for that service.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*An approved return to work service provider means a provider approved by RTWSA to deliver specific recovery/return to work services (e.g. pre-injury employer, fit for work, restoration to the community and return to work assessment) in accordance with conditions set out in the Application for Approval as a South Australian Return to Work Service Provider.</td>
<td></td>
</tr>
<tr>
<td>OS820</td>
<td>Treating osteopath report</td>
<td>$185.40 flat fee</td>
</tr>
<tr>
<td></td>
<td>Treating osteopath report. A written clinical opinion, statement or response to questions relating to the medical status and treatment of a worker, requested in writing by the case manager, self-insured employer, worker or worker’s representative.</td>
<td></td>
</tr>
<tr>
<td>OS870</td>
<td>Case conference</td>
<td>$185.40 per hour</td>
</tr>
</tbody>
</table>

Effective 01 July 2019
Case conference. Attendance at a case conference as requested in writing by the case manager or self-insured employer, worker’s employer (including the employer’s return to work coordinator) or an approved return to work service provider*.

*An approved return to work service provider means a provider approved by RTWSA to deliver specific recovery/return to work services (e.g. pre-injury employer, fit for work, restoration to the community and return to work assessment) in accordance with conditions set out in the Application for Approval as a South Australian Return to Work Service Provider.

<table>
<thead>
<tr>
<th>CURAP</th>
<th>Equipment, therapeutic aids and appliances</th>
<th>Reasonable cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other THERAPEUTIC Aids/Appliances including supply, delivery or repairs as recommended by Medical Expert. This also includes delivery of equipment (eg, wheelchairs, beds etc), repairs/maintenance to hearing aids, batteries etc.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OS905</th>
<th>Travel time</th>
<th>$157.40 per hour</th>
</tr>
</thead>
<tbody>
<tr>
<td>Travel time. Travel by an osteopath for the purpose of a case conference, home or hospital visit or an independent clinical assessment.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OST11</th>
<th>Cervical spine 2 views</th>
<th>$143.90 flat fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cervical spine - 2 views</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OST13</th>
<th>Thoracic spine 2 views</th>
<th>$122.30 flat fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thoracic spine - 2 views</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OST15</th>
<th>Lumbo-sacral spine 3-6 views</th>
<th>$168.80 flat fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lumbo-sacral spine 3-6 views</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OST16</th>
<th>Sacro-coccygeal area 2 views</th>
<th>$101.90 flat fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sacro-coccygeal area - 2 views</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OST27</th>
<th>Hip joint</th>
<th>$110.00 flat fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hip joint</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OST28</th>
<th>Pelvic girdle</th>
<th>$138.90 flat fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pelvic girdle</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OST30</th>
<th>Radiological services otherwise not listed in this schedule</th>
<th>Reasonable cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Radiology services otherwise not listed in this schedule must be billed at a reasonable cost as specified in Section 32(1)(b) of the Workers Rehabilitation and Compensation Act, as amended, 1986 (the Act).</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*An approved return to work service provider means a provider approved by RTWSA to deliver specific recovery/return to work services (e.g. pre-injury employer, fit for work, restoration to the community and return to work assessment) in accordance with conditions set out in the Application for Approval as a South Australian Return to Work Service Provider.
Osteopathy service and payment policy

The purpose of the services identified in this fee schedule and policy is to provide treatment that assists a worker in their recovery and (if applicable) supports them to stay at or return to work as soon as it is safe for them to do so. This fee schedule applies to all work injury claims, whether insured through ReturnToWorkSA or a self-insured employer.

ReturnToWorkSA or the self-insurer will periodically review a worker’s treatment and services to ensure they remain reasonable for the work injury and are payable under the Return to Work Act 2014.

Services provided outside of this fee schedule and policy may be approved by the case manager on a case-by-case basis.

Who can provide services to workers?
The Insurer (ReturnToWorkSA or a self-insurer) will only pay for services by healthcare professionals who are:

- registered by ReturnToWorkSA to provide the services identified in this schedule. ReturnToWorkSA will register a service provider upon receipt of their initial invoice; and
- registered as an osteopath with Australian Health Practitioners Regulation Authority.

ReturnToWorkSA’s expectations for the delivery of services to workers

ReturnToWorkSA expects that all providers of services to workers as part of the South Australian Return to Work scheme, integrate the following principles of the Clinical Framework for the Delivery of Health Services (the clinical framework) into their service delivery:

1. Measure and demonstrate the effectiveness of management.
2. Adopt a biopsychosocial approach.
3. Empower the injured person to manage their injury.
4. Implement goals focussed on optimising function, participation and return to work.
5. Base management on best available research evidence.

How much the insurer will pay?

ReturnToWorkSA or a self-insurer will pay the reasonable cost of services up to the maximum amount detailed in the ReturnToWorkSA fee schedule.

What ReturnToWorkSA will pay for

ReturnToWorkSA will pay for services that are:

- for the treatment of a work injury or condition
- reasonable and necessary
- in accordance with the clinical framework.

ReturnToWorkSA will pay for services that are:

- Non-attendance or cancellation fees for treatment services
- Services invoiced in advance of the service delivery
- Written communication between a worker’s treating practitioners
- Services focussed on improving a worker’s general level of health, fitness and wellbeing
- More than one consultation (initial or subsequent) on the same day
- Needles used for dry needling/acupuncture treatment.

Osteopathy management plan

Treating osteopaths should complete and submit the ReturnToWorkSA osteopathy management plan. This plan is available on our website at www.rtwsa.com.

For claims managed by ReturnToWorkSA or their claims agents, the osteopath is expected to submit a plan:

- prior to the 11th treatment if more than 10 treatments are likely to be required, or
- prior to the expiry of an existing osteopathy management plan if additional treatment is required, or
- at the request of the case manager.

For claims managed by self-insured employers, the plan must be requested by the self-insured employer.

This plan:

- should be forwarded to the worker’s case manager or self-insured employer and copies made available to the treating doctor and worker
- is to notify the case manager, self-insured employer and/or treating doctor of the continuation of osteopathy services beyond 10 treatments, the expected recovery and management time frames, goals of treatment, number of treatments required, expected discharge date and any barriers to recovery or return to work outcomes.

Independent clinical assessment and report

An osteopath undertaking an independent clinical assessment must:

- be independent of the treating osteopathy practitioner and any osteopathy treatment services following the independent clinical assessment
- have a minimum of:
  - five years of relevant clinical experience related to the injury type
  - two years experience in the provision of osteopathy services within the Return to Work scheme.
- conduct the assessment as soon as possible after receipt of the written referral and/or approval from the case manager or self-insured employer, or as specified by the referrer.
Purpose
The purpose of an independent clinical assessment is to provide:

✓ an independent opinion on the reasonableness and necessity of the worker’s current or proposed osteopathy treatment/management
✓ a differential diagnosis using an evidence-based clinical assessment
✓ recommendations regarding the worker’s future osteopathy management that are aligned to the principles of the clinical framework
✓ a prognosis for return to work
✓ an opinion and/or recommendations on any other questions asked by the requestor.

Report
The independent clinical assessment report should:

✓ detail the relevant findings
✓ provide the assessor’s independent clinical opinion on the reasonableness and necessity of the worker’s current or proposed treatment
✓ provide recommendations for future osteopathy management
✓ include responses to questions asked by the requestor
✓ be submitted within 10 business days from the date of the assessment.

Case conference
✓ Case conferences conducted by telephone (teleconferencing) are chargeable under this item.
× No fee is payable for records made by an osteopath during the case conference unless delegated as the representative by the case manager or self-insured employer.

Travel time
✓ Travel time will only be paid for the purposes of a case conference, home or hospital visit or an independent clinical assessment.
✓ All accounts must include the total time spent travelling, departure and destination locations and the distance travelled.
✓ If travel time is undertaken for more than one worker, the travel time must be divided accordingly.
× There is no charge for travel time from one clinic to another clinic.
× Travel time will not be paid for osteopaths conducting regular visits (e.g. to hospitals).

Invoicing requirements
All amounts listed in this fee schedule are exclusive of GST. If applicable, the insurer will pay to the provider an amount on account of the provider’s GST liability in addition to the GST exclusive fee. Suppliers should provide the insurer with a tax invoice where the amounts are subject to GST.

Information required on an invoice
All invoices are required to contain the following information to enable prompt and efficient payment:
✓ provider details
  - Name
  - Medicare provider number (if applicable) and/or ReturnToWorkSA provider number (if known)
  - Practice and address details.
✓ invoice number and invoice date
✓ Australian Business Number (ABN)
✓ worker’s surname and given name(s)
✓ claim number (if known)
✓ employer name (if known)
✓ each service itemised separately in accordance with this fee schedule including:
  - date of service and commencement time
  - service item number and service description
  - duration of service in hours/minutes rounded to the nearest 6 minutes for hourly rate services
  - charge for the service
  - total charge for invoiced items plus any GST that may be applicable.
✓ Bank account details for electronic funds transfer (EFT).

Invoicing for services which have an hourly rate fee
All services must be charged as a single invoice transaction for the total accumulated time in providing the service.

When payments will not be made
Payments will not be made:
× On invoices that do not contain the above information, which may be returned to the provider for amendment.
× On ‘account rendered’ or statement invoices. Payment will be made, where appropriate, on an original invoice or duplicate/copy of the original.
× In advance of service provision, including all written reports.
× Where the worker’s claim has not been accepted. In this case the worker is responsible for payment.
**When to submit an invoice**

Invoices are to be submitted within four weeks of service. Invoices received more than six months after date of service may not be paid unless exceptional circumstances exist.

**Outstanding payments**

Please contact the relevant claims agent, ReturnToWorkSA's EnABLE Unit or self-insured employer if the claim has been accepted and the payment is outstanding.

**GST**

For all GST-related queries, please contact the Australian Taxation Office or your tax advisor.

**Changes to provider details**

For changes to provider details, such as ABN, change of address or electronic funds transfer details, please complete the Provider registration form available on our website. Once completed either email to prov.main@rtwsa.com or fax to ReturnToWorkSA on (08) 8238 5690.

For any queries relating to this form, please contact ReturnToWorkSA on 13 18 55.
Useful contacts

Claims agents
All work injury claims (that are not self-insured or serious injury) are managed by Employers Mutual or Gallagher Bassett. To identify which claims agent is managing a worker’s claim, refer to the ‘Claims agent lookup’ function on our website at www.rtwsa.com.

EML
Phone: (08) 8127 1100 or free call 1300 365 105
Fax: (08) 8127 1200
Postal address: GPO Box 2575, Adelaide SA 5001
Online: www.eml.com.au

Gallagher Bassett Services Pty Ltd
Phone: (08) 8177 8450 or free call 1800 664 079
Fax: (08) 8177 8451
Postal address: GPO Box 1772, Adelaide SA 5001
Online: www.gallagherbassett.com.au

ReturnToWorkSA EnABLE Unit
For claims relating to severe traumatic injuries, please contact this unit directly.
Phone: 13 18 55
Fax: (08) 8233 2051
Postal address: GPO Box 2668, Adelaide SA 5001

Self-insured employers
For matters relating to self-insured claims, please contact the employer directly.