



LEADERSHIP SUPPORT

Gain genuine commitment from leaders

- Build a business case
- Develop a policy
- Commit resources
- Equip your leaders
- Role model

To gain buy-in, we will:

STOCKTAKE

What are your key concerns?

- Attraction and retention
- Injuries
- Mental illness/health
- Psychosocial hazards

What do you already do?

Refer to Protect, Respond and Promote pillars to identify gaps.

What might be missing is:

ENGAGE YOUR PEOPLE

How do you consult and collaborate?

- 1 on 1
- Team meetings / WHS meetings
- Survey
- Wellbeing champions
- Ongoing communications

To engage our people, we will:

RESOURCES

What resources can you tap into?

- ReturnToWorkSA Mentally Healthy Workplaces Service
- EAP
- SafeWork SA
- Free mental health supports

The resources we need most right now are:

Creating a mentally healthy workplace takes time.

Small steps can make it manageable.

Remember to:

- Monitor progress
- Celebrate wins
- Modify and adjust
- Embed

Our top priority areas for action:

PLAN FOR ACTION

ACTION (WHAT)	WHEN	WHO	RESOURCES