

Our skill building program provides Return to Work Coordinators and employers with free access to a variety of informative and interactive workshops. We cover a range of topics, including skills and strategies for supporting recovery and return to work, physical and psychological injury management, creating and sustaining a mentally healthy workplace, and mastering of the Return to Work Coordinator role. The program also includes a number of fundamental modules, which are repeated regularly.

Fundamental workshops – repeated regularly

Back to basics: A Return to Work Coordinator refresher

Beyond the basics: Recovery and return to work strategies

Introduction to mentally healthy workplaces

Supporting return to work: A guide for managers

2021

Jul - Aug: Registrations open in June

Building your workplace wellbeing program

Demystifying suitable employment

+ Fundamentals - see fundamental workshops

Aug - Oct: Registrations open in August

Managing psychological injury

Exploring digital mental health tools and resources

Regional workshop: Riverland

The basics: An introduction for small business

+ Fundamentals - see fundamental workshops

Oct - Dec: Registrations open in October

Managing psychological hazards and risks, with SafeWork SA

Creating a thriving workplace, with SuperFriend

Early intervention: The art of intervening early

Train the Trainer: Delivering an introduction to mentally healthy workplaces (expressions of interest only)

+ Fundamentals - see fundamental workshops

2022

Jan - Feb: Registrations open in January

Building your workplace wellbeing program

Gaining commitment for a mentally healthy workplace

Regional workshop: Mount Gambier

+ Fundamentals - see fundamental workshops

Feb - Apr: Registrations open in February

Managing psychological injury

Managing conflict in return to work

Train the Trainer: Delivering an introduction to mentally healthy workplaces (expressions of interest only)

+ Fundamentals - see fundamental workshops

Apr - Jun: Registrations open in April

Managing psychological injury

Demystifying suitable employment

Managing the psychosocial issues of musculoskeletal disorders

Managing a generational workforce: Supporting young and ageing workers

The basics: An introduction for small business

+ Fundamentals - see fundamental workshops



Visit www.rtwsa.com/events to view dates and register or scan the QR code to subscribe to our bi-monthly events email.

Your support team

Employer Education Advisors



Houda Peters

Houda's experience within the work injury insurance scheme has spanned over 12 years. Through her work as a Claims Manager, Return to Work Coordinator and Wellbeing Advisor, Houda has supported countless workers and employers through their unique recovery and return to work journeys.

To contact Houda, email coordinators@rtwsa.com or call **0438 262 371**.



Joanne Snape

Joanne was first introduced to injury prevention 10 years ago as a Work Health and Safety Coordinator and has since been involved in injury management, including as a Return to Work Coordinator. Joanne has extensive experience managing claims in the Return to Work scheme, spending five years as a Claims Manager.

To contact Joanne, email coordinators@rtwsa.com or call **0448 803 253**.

Our Employer Education Advisors aim to empower employers and their Return to Work Coordinators to play an active role in managing and supporting recovery and return to work within the workplace.

Mentally Healthy Workplaces Consultant



Mardi Webber

Mardi is a registered psychologist with over 30 years' experience in work health safety and injury management across a diverse range of industries and workplaces. Specialising in organisational mental health, Mardi is committed to supporting employers to establish thriving workplaces.

Our Mentally Healthy Workplaces Consultant aims to assist employers and industry in the development of strategies and activities that promote and support a sustainable mentally healthy workplace.

To contact Mardi, email mentallyhealthy@rtwsa.com or phone **0437 021 229**.

How can we help?

Our Employer Education Advisors and Mentally Healthy Workplaces Consultant can support South Australian businesses by providing the following free services:

- access to free skill building workshops
- tailored workplace education for Return to Work Coordinators, managers and leaders - online or face-to-face
- support to industry through collaboration with industry groups and associations
- practical support to help address specific organisational needs to create mentally healthy workplaces and achieve good recovery and return to work outcomes
- access to valuable tools and resources
- general phone and email support and advice.